



NORTHEAST HARBOR FLEET
Cruising Class
SAILING INSTRUCTIONS
2011

**MDI Series, Hospice Regatta of Maine, Carole E. Haaland Trophy,
Downeast PHRF Championship, and Great Harbor Championship**

1. RULES

- 1.1 The races will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2009-2012, except as these rules are amended by these Sailing Instructions.
- 1.2 Handicap Rating: Each yacht shall be rated in 2011 by PHRF New England at www.gmora.org
- 1.3 Life Jackets. Competitors sailing solo and youth age 12 and under are required to wear a USCG approved PFD at all times. If the Race Committee hoists flag "Y" (red & yellow diagonal stripes) prior to the Attention gun, all competitors shall wear USCG approved PFDs while racing.
- 1.4 Use of electric winches is permitted (modifies RRS 52).
- 1.5 All boats shall carry a VHF radio and monitor VHF 65; as well as NOAA Chart 13318 or navigation charts covering the same area.
- 1.6 For designated "Non-Spinnaker Races", the PHRF "Cruising" rating shall be used. There is no limitation to the number of crew.

2. ELIGIBILITY AND ENTRIES

- 2.1 NEHF Cruising Class events are open to One-Design and mono-hull boats, over 20 feet LOA that submit a completed entry, including a PHRF NE Rating Certificate, and/or register before the Attention Signal with the RC Boat.
- 2.2 Please FAX the attached MDI Series Registration/Waiver Form to (207) 276-4233. Or, MAIL to NEHF, PO Box 462, NE Harbor, ME 04662. Or, email to Operations Manager "Lauren Simmons" nehfleet@gmail.com

3. NOTICE, COMPETITOR INFORMATION AND SIGNALS

- 3.1 Notices, including race results, amendments, and news will be posted on the Official Fleet Website, www.nehfleet.org. And the Notice Board inside the Fleet House.
- 3.2 The Race Committee, prior to the Attention Signal of any race, may announce on VHF 65 any amendments, notices, or special instructions to apply to the race that follows.

4. SCHEDULE OF RACES

Date	Time	Event	Format	Social
June 29	1330	Haaland Trophy	Non-Spinnaker	
July 3	1330	Reath Trophy	Pursuit Race	(see special SI's)
July 6	1330	Haaland Trophy	Non Spinnaker	
July 10	1330	MDI Series #1	Open	

July 13	1330	Haaland Trophy	Non Spinnaker	
July 16	1300	Hospice Regatta	Open	Lobster Bake
July 17	1330	MDI Series #2	Open	BBQ Cook Residence
July 16-17		Downeast PHRF Championship Combined Hospice and MDI #2		
July 20	1330	Haaland Trophy	Non-Spinnaker	
July 24	1330	MDI Series #3	Open	
July 27	1330	Haaland Trophy	Non-Spinnaker	
July 31	1230	Tom Morris Memorial	Pursuit	(See special SI's)
August 3	1330	Haaland Trophy	Non-Spinnaker	
August 7	1330	MDI Series #4	Open	
August 10	1330	Singlehanded Pursuit Race Non Spinnaker CC and Spin for IODs		
August 12-14		August Cruise/DERW	Open	See DERW Documents
August 12	1200	DERW Rendezvous	Race #1	Long Ledge GC MDI
August 13	1000	DERW	Race #2	Blue Hill Bay
August 14	1000	DERW	Race #3	Bucks Harbor/Eggemog.
August 17	1330	Haaland Trophy	Non-Spinnaker	
August 21	1230	Far Out Challenge	Pursuit Race	(See special SI's)

5. RENDEZVOUS, STARTING AND RACING AREA

- 5.1 The racing area includes Great Harbor, Somes Sound, Frenchman's Bay, and Blue Hill Bay.
- 5.2 The rendezvous location, except where otherwise noted or announced on VHF 65 periodically beginning at 1230 hours, shall be in the vicinity of Fleet Mark "A" between Great Cranberry and Greening Islands.

6. CHECK-IN AND RETIREMENT

- 6.1 Prior to the Attention Signal, all yachts shall check-in with, and be acknowledged by, the Race Committee Signal Boat by hailing on VHF 65, at which time they shall announce to the RC if they are sailing with spinnaker under their "Racing Rating", or electing to sail without spinnaker and to be rated for that race under their "Cruising Rating".
- 6.2 A yacht that fails to check in for a race may be scored DNS (modifies RRS 35).
- 6.3 Yachts retiring shall immediately inform the Race Committee on VHF 65 until acknowledged.

7. COURSES & NUMBER OF RACES

- 7.1 Course signals shall be displayed on a rack located on the Race Committee signal boat prior to the Attention signal, with the first mark to be rounded on top.
- 7.2 A number displayed below a letter indicates the number of times the preceding marks are to be rounded.
- 7.3 Marks shall be rounded to port, unless the letter "S" or "P", indicating "Round this specific mark to either Port or Starboard" is placed beside the mark letter.
- 7.4 Courses may include turns around islands and shoals as well as government marks and/or NEH Fleet marks.

8. MARKS FOR COURSES

- 8.1 The racing marks and islands to round are described in Exhibit A to these Sailing Instructions.

8.2 All government marks shall be honored, except Marks P, R, and Q unless they are marks of the course.

9. THE START

9.1 The starting line will be between a staff displaying an orange flag on the Race Committee signal boat and Fleet Mark "A", or a nearby mark.

9.2 Except for Pursuit Races, all boats will start together as one class and races will be started in accordance with RRS 26, modified as follows:

<u>Signal</u>	<u>Flag</u>	<u>Sound</u>	<u>Minutes Before Start</u>
Attention	Code Flag F (White w/ red diamond)	1 Sound	10
1 Minute to Warning	Attention Flag Removed	No Sound	6
Warning	Yellow Flag	1 Sound	5
Preparatory	P (blue w/ white square), I, or Z flag	1 Sound	4
1 Minute to Start	Preparatory Flag Removed	1 Long Sound	1
Start	Warning Flag Removed	1 Sound	0

9.3 A yacht starting later than 10 minutes after her starting signal may be scored DNS, unless obtaining permission of the RC on VHF 65 at time of start (modifies RRS 35).

10. INDIVIDUAL RECALLS

The Race Committee will endeavor to hail each premature starter either by voice or by VHF. Failure to make such an announcement, to hail some but not all premature starters, or the untimely hail of premature starters shall not be grounds for redress. This changes rule 62.1(a).

11. COURSE CHANGE OR SHORTENING

The course may be shortened (Rule 32) or changed (Rule 33) after the start. In addition, the RC will notify competitors via VHF at the earliest possible time and the message will be repeated at least twice.

12. TIME LIMIT & FINISHING & FINISH LINE

12.1 A race will be abandoned if the first yacht has not crossed the finish line by 1700.

12.2 If the Race Committee is not on station at the finish, each yacht shall record their own finish time (GPS time) when the first part of their hull or sails, in their normal position, cross a line extending from the last mark of the course, perpendicular to the final leg.

12.3 The Finish Line, between the RC Boat and nearby Mark, shall be crossed in the direction from the last mark disregarding whether the last Mark was rounded to port or starboard or there are intervening islands.

13. PROTESTS & REQUESTS FOR REDRESS

13.1 Intention to protest shall be signified to the Race Committee on VHF 65 at the finish of a race until acknowledged by the Race Committee. This changes rule 61.1(a)

13.2 Written protests or requests for redress shall be submitted to the Race Committee at the Northeast Harbor Fleet House, in the Office Manager's Office by 1800 hours or 1 hour after the last boat finishes, whichever is later.

13.3 Notice of protest hearings shall be posted by 1800 to inform competitors that are parties or named as witnesses of the time for hearings. Every effort will be made to hear protests beginning at 1800 hours on the day of racing. Hearings will be held at the Fleet house.

14. SCORING

- 14.1 All races will be scored using PHRF Time-on-Distance.
- 14.2 Unless otherwise announced by the Race Committee, all yachts will be scored as one class with the top scoring “non- spinnaker” boat being the “non-spinnaker” boat with the best score overall, etc.
- 14.3 The Chips 3 scoring system of GMORA will apply to series of races, except that a boat not finishing shall be scored 1 more than the number of finishers (modifies A9). Rules 30.2 and 44.3 shall not apply.
- 14.4 One completed race is required to constitute an MDI series. A boat’s Series score will be the total of her race scores, with one discard allowed shall she compete in all four races. If less than four races are completed there shall be no discard allowed. A boat may be absent from one race and have that race scored as a DNC which shall be scored as one more than the number of starters for the race missed. This modifies A9. A boat may not use a DNC as their discard race.
- 14.5 The Great Harbor Series is a season championship and will include a boats scores, without discards, in the following races: Reath, MDI 1-4, Hospice, Morris (sponsored by SWHF), and Far Out. The Championship will be scored using the CHIPS 3 method of scoring which weighs results by reference to the number of competitors in a particular race. So, for example, a first place in a race of 12 competitors will yield a higher score than a first place in a race with 5 competitors. See CHIPS 3 tables on the GMORA web site. http://www.rmsail.org/Race_Mgt/chips3.shtml

15. PRIZES

- 15.1 Overall MDI Series Prizes will be awarded at the Fleet Annual Meeting
- 15.3 Separate Prizes will be awarded for the Henry T. Reath Memorial Trophy, Maine Hospice Regatta, Downeast PHRF Championship, Non-Spinnaker Races, Downeast RaceWeek, The August Cruise, the FAR OUT Challenge Cup Pursuit Race, and The Great Harbor Championship.

16. DISCLAIMER OF LIABILITY

- 16.1 Competitors participate in the races entirely at their own risk, See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the races.